

The laser beam is one of the many techniques used in Tong Ren Healing. The laser beam is used directly on the Tong Ren Doll. We aim the laser at specific points on the Tong Ren to allow the mind to focus on gathering energy into these areas. In general, the laser is used for tonification while the hammer is used to remove physical and energetic blockages.

The laser beam technique stands for heat; the buildup of Chi to radiate a tumor, similar to the use of radiation in the hospital. Or it can represent the addition of chi or energy to the area of concern. The laser used is not an acupuncture class laser which cost hundreds of dollars but a standard line measuring laser device. We aim the laser at specific points on the Tong Ren to allow the mind to focus on gathering energy into these areas. In general, the laser is used for tonification while the hammer is used to remove physical and energetic blockages.

Remember this is mind medicine. In our mind we have the concept of dissolving blockages. When using the laser beam, we put the light on the tumor area on the doll. The laser technique is also helpful for adding energy or increasing energy.

For Tong Ren Use

(Caution: this is a laser device. Do not shine directly on people or in their eyes.)

- Set your laser aperture on the dot setting (this means that the light shining out is a dot – not a cross or line) for this setting the light is shining through the hole between the two gold lenses. You may want to experiment with using the cross or line setting.
- Focus the laser beam on your doll on the area of concern.
- The laser beam technique need only be used on one spot at a time. However, if the patient needs it, more than one laser can be pointed at the doll.

Some suggested usages:

- Charging the energy for treating the side effects from radiation and chemo. Put your light on CV4 or CV6 where the lower Dantian is located.
- Focus the laser on tumors – this has the impact of either burning the tumor out or adding energy to the area which allows the blockage or the extra muck or build up to disperse.
- Food/Energy – put the laser on ST 21 before you eat your meal. Adding chi to this area will lower your appetite.

Normally a healing session time with the laser method is 10 to 20 minutes. You can leave it on longer if you like.

Your client or you (if you are doing self healing) need to relax fully. This means not reading a book, talking on the phone or watching TV. Re-lax!

What to Expect:

When using the laser on the doll a client may feel heat on the face, then the heat may go to the area where the tumor is located. This is called Chi running in the body. It is important for healing. Someone may feel an opening sensation in the chest and feel deeper and or easier breathing. You can use the laser in combination with any other of the Tong Ren Healing methods.

For more information on Tong Ren Therapy, Equipment, Healing Circles, Private Healing Sessions and How to Learn Tong Ren for yourself, family and your healing practice. Check out Healing Nexus with Tong Ren Therapy

www.tongrenhealing.ca | www.healingnexus.com | www.tongrensymposium.com

Bushnell Pivot Point Laser Level

Technical Specifications for this Unit

Wavelength	635nm +/- 5nm
Max power output & laser class	<5mW Class IIIA
Working Range	30ft. Crosshair/Line 1800 fet – Dot
Laser level accuracy	Dot +/- 0.2 inch/32.81ft line 0.3@/16.4ft
Laser dot size	@32.81ft<0.47x0.47inch
Laser line width	.14inch +/- 0.06inch @ 6.56ft.
Vial accuracy	0.02 inch/3.28ft
Alkaline battery life	15 hrs.
Power Supply	2 AAA
Weight with batteries	380 g
Operating Temperature	20° – 30° C

Care and Handling

Please handle with care. Avoid shock, vibrations and extreme temperatures. Always store your laser in its case when not in use. Keep the laser tool dry and clean. Do not submerge. Check batteries regularly. If the unit is not in use take the batteries out. (Batteries left for a long period of time will leak.)

Safety Instructions

Failure to follow all warnings may result in bodily injury. This is not a toy.

- DO NOT look directly into laser beam. Avoid direct exposure during its use.
- DO NOT set up tool at eye level or operate the tool on or near a reflective source as the laser beam could be projected into your eyes or the eyes of others.
- DO NOT attempt to modify the performance of this tool. This may result in hazardous laser radiation.
- Always turn the laser off when not in use or is left unattended.
- Always keep out of reach of children. The laser level is a high precision instrument, not a toy.

